Dear Readers,

With this issue of the Italian Journal of Medicine, we start a new section denominated State of the art with an expert. The aim is to give the most advanced vision on some topics that are of interest in the field of internal medicine. Some of these may sound marginal for the internists facing the routine of the day-to-day practice in the ward, but I believe they constitute a unique opportunity of cultural and professional enrichment. In fact we are challenged to solve intriguing and difficult cases even if not very frequent.

The idea is to have some experts recognized at international level giving us not only their view on the most recent advances in their field of interest, but also to highlight at the same time their own contribution to the development of knowledge.

Keeping in mind that our Journal is the Italian Journal of Medicine I have deliberately chosen mainly Italian scientist to give us their thoughts, because it is also our duty to underline the importance of Italian research in the international scenario.

Of course there will be also foreign experts since the international vocation of the journal has to be respected.

In this issue we start with Prof. Domenico Corrado who has kindly agreed to write a contribution on Sudden cardiac death in young people and athletes. Domenico Corrado is full professor of Cardiology at the University of Padua and its research in the field of sudden death in young patients and athletes is deeply known.

As an arrhythmologist he has substantially contributed to map out the pathophysiological, clinical and sudden death profile of cardiomyopathies, with particular regard to the right ventricular and the hypertrophic cardiomyopathy. He has also put forward the concept of the pre-participation screening in young athletes in order to prevent sudden cardiac death during strenuous exercise. His work has deserved publication in many of the most important medical journal.

I thank him for this paper and I wish to every internist a fruitful reading.

Giorgio Vescovo
Editor-in-Chief